



Bharatiya Vidya  
**Bhavan**  
AGARTALA KENDRA

# **BHAVAN'S TRIPURA COLLEGE OF TEACHER EDUCATION**

(Recognised by N.C.T. E. & Affiliated to Tripura University, A Central University)

(Recognized by UGC under Section 2(f) & 12(B) of UGC Act, 1956)

P.O : Bimangarh (Narsingarh), Agartala, West Tripura, PIN - 799 015

Ph. No.: 6033322532, e-mail : bhavanbedc\_trip@rediffmail.com # website : www.btcte.in

**Dr. Rajat Dey**

Principal

Chairman

F.1(1)/Chairman/Policy/BVB/2021/19

Date: 04-04-2022

## **PHYSICAL EDUCATION POLICY**

### **Introduction**

“Physical education as an education through physical activities for the development of total personality of the child to its fullness and perfection in body, mind and spirit and it is an integral part of total educational process, is a field of endeavor which has its aim all round development of child personality such as Physical development, Mental development, Emotional and Affective development, Spiritual development, Social development, Neuromuscular co-ordination development, Organic fitness development, Prevention and Control of Diseases, Desirable habits development, Functional knowledge development, Mental hygiene development, Development of qualities of a good citizenship, Motor development, Intellectual development, Cultural development, Character development, Moral development and Character Formation, Positive health, Personal adjustment, Leadership qualities, Democratic values, Constructive use of leisure time, Economic values, Mental relaxation, National integration, International understanding, Natural talent search & potential, Teaching & learning of motor skills for achievement of higher standard performance, help to plane activity programme, it helps to understand the nature & activities of human organism in different set of situations, Worthy use of leisure time, Democratic living, Economic gains and Development of Personality.

### **Facilities**

1. Regular theory and practical classes of Health and Physical Education and Yoga Education are taken for the both B.Ed and D.El.Ed trainee students to make them expert to serve to our society by developing the health and fitness of our next generation and ultimately we will acquire a healthy nation.
2. Our institution management believes in all-round development of our students therefore our college has a well-maintained campus spread of serene green land. We have a spacious and well-equipped multi-purpose hall, where the trainee students can play indoor games like chess, table tennis, carom board etc. There is also provision of indoor hall (physical activity and yoga practice room) as well as open lawns to practice Yoga.
3. The college also has a well qualified Physical Education Teacher to look after all the theory and practical classes of Health and Physical Education, Yoga Education, Games and Sports and various Physical Activities. Moreover, standard quality and safe sports equipments are provided to prevent sports-related injuries.
4. The athletic culture in the college instills healthy competition, sportsmanship and teamwork among students. The college teams are formed to take part in inter-collegiate competitions. Numerous sports activities are organized every semester.

Page-1/3

  
**DR. RAJAT DEY**  
Principal  
Bhavan's Tripura College of  
Teacher Education  
Narsingarh, Agartala-799015





Bharatiya Vidya  
**Bhavan**  
AGARTALA KENDRA

# **BHAVAN'S TRIPURA COLLEGE OF TEACHER EDUCATION**

(Recognised by N.C.T.E. & Affiliated to Tripura University, A Central University)

(Recognized by UGC under Section 2(f) & 12(B) of UGC Act, 1956)

P.O : Bimangarh (Narsingarh), Agartala, West Tripura, PIN - 799 015

Ph. No.: 6033322532, e-mail : bhavanbedc\_trip@rediffmail.com # website : www.btcte.in

**Dr. Rajat Dey**

Principal

Chairman

5. To develop a spirit of healthy competition and to give a platform where the maximum number of students can take part in the sports, every year we conduct Sports Week.
6. Special remedial classes are also given to the specific trainee students those are suffering with specific health problems. In the year 2020-21 due to the COVID- 19 pandemic the offline classes were suspended but the college organized online fitness session where most of the trainee students participated.
7. The college promotes creative and artistic pursuits. This is in helps in maintaining the vision and mission of the college to support the holistic development of students that focus on not just academics but also all-round personality development. The trainee students participate in various cultural events organized during the college like Fresher's day, Farewell, Sports week etc in order to exhibit cultural talents.
8. The trainee students are also encouraged to take part in competitions organized in other colleges and universities. Recreational and aerobics activities are organized at the Multi-Purpose hall in the Bhavan's Tripura College of Teacher Education. The Multi-Purpose hall has been provided with sufficient lightening, sound system with speakers, microphones, cordless microphones.
9. Regular practical classes on necessary first aid and resolving health related issues taken for the trainee students those who are suffering from various health problems.

## **Procedure of purchase of sports items**

1. The procedure followed to select the equipments for the purpose of Games & Sports, practical classes of Health & Physical Education and Yoga Education is based on feasibility such as health and physical fitness status of the trainee students, indoor and outdoor space facility and financial status of our college etc..
2. The procedure followed to purchase the equipments for the purpose of Games & Sports, practical classes of Health & Physical Education and Yoga Education in our college is that it collects at least three (03) quotations from three different sports shops than the authority of the college selects the equipments with the feasible rate from all the quotations and clears the payment through banker cheque/online mode.
3. Generally the equipments for the purpose of Games & Sports, practical classes of Health & Physical Education and Yoga Education purchase at the time of Sports Week of our college. But in between the whole year we are allowed to purchase any equipment, if it is necessary.

## **Procedure of recording sports items**

1. All the newly bought equipments are store in the games & sports lab room and the name and quantity of the equipments take entry at the store register of games & sports of our college.





Bharatiya Vidya  
**Bhavan**  
AGARTALA KENDRA

## BHAVAN'S TRIPURA COLLEGE OF TEACHER EDUCATION

(Recognised by N.C.T.E. & Affiliated to Tripura University, A Central University)  
(Recognized by UGC under Section 2(f) & 12(B) of UGC Act, 1956)

P.O : Bimangarh (Narsingarh), Agartala, West Tripura, PIN - 799 015

Ph. No.: 6033322532, e-mail : bhavanbedc\_trip@rediffmail.com # website : www.btcte.in

**Dr. Rajat Dey**  
Principal

Chairman

2. Our college maintains register in the games & sports lab room, where we maintain the record of daily used equipment by the trainee students.
3. The procedure followed to maintain the record of lost/ damage equipments are also register and there is also provision of penalty if trainee students will loss/ damage the equipment casually.

### Rules and regulations

1. There is a strict instruction that, no personal equipment is allowed in the college campus.
2. All the trainee students maintain wearing uniform such as white round collar t-shirt and black track suit during the practical classes, games and sports competitions and the various events of Physical activities and Yoga activities.
3. Trainees are instructed to handling of equipments carefully, properly and sincerely by the trainee students.
4. Trainees are instructed to maintain discipline during the activities on the field and off the field also.
5. Trainees are instructed to maintain cleanliness to the playground area.
6. Trainees are instructed to bring the sports items after the sports event ends to the respective sports room.

### Sports facilities

Sl. No.	Games & Sports	Area (sq. m)
1.	Basketball court	
2.	Badminton court	
3.	Volley court	
4.	Kho-Kho court	
5.	Kabaddi court	
6.	Handball ground	
7.	Football ground	18042.11
8.	Cricket ground	18042.11
9.	Front Lawn (used for Yoga)	
10.	Table Tennis (Sports room)	48.5495
11.	Multipurpose Hall (Practicing Yoga, Carrom board, Chess, Chinese checkers, Ludo).	435.8868

  
Dr. Rajat Dey

Principal

BTCTE, Narsingarh

(DR. RAJAT DEY)

Principal

Bhavan's Tripura College of  
Teacher Education  
Narsingarh, Agartala-799015

  
Shri. Debashis Chakraborty

Chairman

BVB, Agartala Kendra

Debashis Chakraborty

Chairman

BHARATIYA VIDYA BHAVAN  
AGARTALA KENDRA